

A long forgotten symbol of Valentine's Day is the "Love Knot." The Love Knot consists of graceful loops and bends that have no beginning and no end. Centuries ago, people would write loving messages on the endless loops and then give the knot to their sweetheart. The recipient would turn the knot to read the message.

Ask your students to write original valentine messages within the loops of this Love Knot or have them design their own Love Knot.