

MASHED POTATOES

Let the children help clean several potatoes with a vegetable scrubber. Cut the washed, unpeeled potatoes into 1/4 inch thick slices. Steam the potatoes in a steamer or use an electric skillet with a little bit of water. Cook until tender. When the potatoes have cooled, let the children help mash them and add salt, pepper and a little milk. Serve the mashed potatoes with student-made butter, if desired.

