

OLD-TIME APPLESAUCE

Have each student peel and core one apple. (Recipe suited for 8 apples.) Instruct them how to cut their apple into chunks and place the chunks in a crock pot with 1/2 cup water and 1/2 cup sugar. Let each child shake a small amount of cinnamon in the pot. Cook on high for about three hours or until the apples are soft. Let the apples cool a bit before allowing the children to mash the apples using a manual potato masher. Serve the applesauce warm or refrigerate and serve later.