

WHIPPED CREAM

Children can also make fluffy, whipped cream using the same method as above. Pour 1 pint of heavy whipping cream into a quart-sized jar. Add 1 teaspoon vanilla extract and 2 tablespoons powdered sugar. Screw the lid on securely. Let the students take turns shaking the jar in an up and down motion until the cream turns thick and fluffy. Serve the whipped cream on a cookie or fruit.

Add color or flavor to your whipped cream by adding a few drops of food coloring or flavored extracts at the beginning of the procedure.