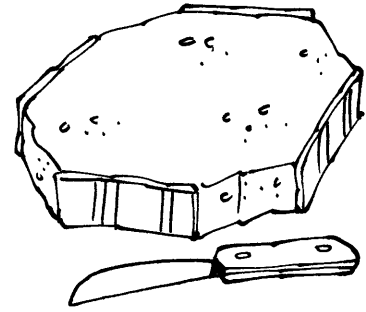


Fire Fighter's French Toast

Beat 2 eggs and 1/3 cup milk in a pie dish.
Add a dash of cinnamon and 1 teaspoon of vanilla.
Beat together.
Over low to medium heat, melt a tablespoon of butter on a griddle or fry pan. Dip the slices of bread into the egg mixture, covering both sides. Place the bread in the pan and brown both sides.
Serve with butter, syrup or powdered sugar.

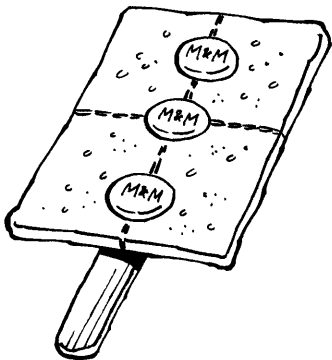


Stop Sign Toast

Toast bread in toaster.
Cut bread with a knife or hexagon shaped cookie cutter.
The children can spread strawberry or raspberry jelly on the toast.
The children sort through alphabet shaped cereal to find the letters "STOP" and spell STOP on top of the jelly.
EAT!!!!



Yummy Stoplights



Break several graham crackers into small rectangles.
Have the children sort red, yellow and green M&M's.
Ask them to keep one of each color.
Let the children use prepared white frosting to dab onto each M&M and place it on the graham cracker as shown. Children can also attach a craft stick to the back of the graham cracker using the frosting like glue.
After discussing the colors of the stoplight, let them eat their stoplight creations.