## Music and Movement



## Keep Low

Copy and cut out several arrows and one EXIT sign. Make a path through the classroom or school to an EXIT door by taping the arrows down on the floor to show the direction to the EXIT. At the EXIT, tape the EXIT sign to the floor. Talk about staying low (crawling) if you smell smoke or hear the smoke alarm. Show the children the EXIT sign, say the letters and read it to them. Ask them what it means and tell them the definition. Tell them that, in their home, they may not see an EXIT sign (unless they live in a large apartment building). The EXIT is the door "out"....out of your room, out of your home. Tell them that their job is to follow the escape path to the EXIT sign. Ring a bell or the alarm and have the children follow the arrows to the exit sign.

